Career Counselling, Hobbies & Handicrafts, and vocational Activities

This is very important and interesting module to go through; you can guide your Rovers in shaping their career. Now-a-days career counselling, Hobbies & handicrafts are the methods. If you are quite aware of them only, you can help your boys to place properly and shape in life. Hope this module will help you in this subject.

Objectives:

By the end of this module, you should be able to:

1. Define what Counselling is.
2. Identify the problems related to counselling.
3. State the skills involved in counselling.
4. Explain the types of Career Counselling.
5. Show the rovers ways of choosing the career.

Thought for Reflection

Having a more experienced and successful counsellor guiding someone in a chosen profession is wise decision and good career move.

--Josh A. Avilies.

Counselling:-

1. What is Counselling?

- Counselling could be defined as discussion of an emotional problem with a person with a general objective of understanding and decreasing the intensity of such emotional problems.
- It is a series of interactions between the Counsellor and the Counselee in which the Counsellor adopts a helpful attitude (respect, trust, sympathy etc.) & certain skills (listening, communication, response etc.) inducing the Counselee to the learning process of self-exploration leading to self-understanding and affection through which the counselee will change his attitude and behavior and solve his problems.

2. The problems

Problems usually emanate from

- Lack of certain skills in the Leader.
- Leader's personality.
- Leader's relationship with others.
- And many other.

Remember each situation will require individual solutions according to the problem and circumstances involved. Counsellor's role is to assist each Leader to develop an awareness of situation in which he is operating so that he, in future, self - motivated to -

- Identify Problems
- Analyse their causes.
- Take action to avoid possible problem and resolve the existing one.
- Involve others who are also to assist him in his activities.

3. Towards Counselling

- The skill of counselling is helping people to solve their own problem can only be developed through experience and practice.

There are no substitutes including theoretical knowledge or warm feelings towards peo

4. Before Counselling

Counselling depends on good listening.

- Put the counselee at ease. Help him feel that he is free to talk.
- Show him that you want to listen. Do not do other work.
- Remove distractions.
- Sympathise with him. Imagine as if you are there in his place.
- Have patience. Do not show that you are exhausted.
- Maintain cool even if you are criticised.

5. The Approach to Counselling

The Counsellor should help the Counsellee to develop the attitude and confidence of resolving his (Counsellee's) own problem, rather than solving the problem of himself (Counsellor).

- Be available readily even amidst other commitments.
- Listen and understand him.
- Do not be shocked by counsellee's ignorance or stupidity.
- Do not rebuke or bulldoze. Avoid unwanted pontification.
- Quote instances – One or two – if come to mind as to how he dealt with in his own situation.
- Counsel him to solve his own problem; not impose your own solutions.

6. Some Important points to remember

- Best thing is to plan anything that would pose no problem.
- A Counsellor is a FRIEND & GUIDE in need.

Career counselling

Types

PASTORAL COUNSELLING
MARRIAGE COUNSELLING
PSYCHOLOGICAL COUNSELLING
CAREER COUNSELLING ETC.

Goal is to achieve a better personal adjustment and growth in maturity, by stimulating the counsellee to explain his potential and use more of his resources.

One who counsells is called counsellor. One who is the client is called Counselee.

Hobbies
Handicrafts are preliminary stages.
Intelligence
& health for developing.

I stage (i) Love of work. &
(ii) Ability to carry on with essentials to successful work.
II Stage Fitting the young man to the right kind of work.
III Stage Making him to work to his fullest capacity.

The best workers, like the happiest men, look upon their work as a kind of game; the harder the play, the more enjoyable it becomes.

H.G.Wells "I have noticed that so-called great men are really boys at heart, that is they are boys in the eagerness of their enjoyment of their task". They work because they like to work and really their work is play for them.

Ralph Parlette says "Play is loving to do things work is having to do things".

In scouting we try to help the boys acquire this attitude by working with them personally in subjects that appeal to them individually and that will be helpful to them later on. The boys can be let to develop themselves for their future.

So much for the lines on which a boy can be practically prepared.

i. Through Scouting for making a career.
ii. It is still in the power of the R.S.L. to give him further help to make that career a successful one.

First by showing the youth ways by which he can perfect the superficial instructions received as a Scout where by he can develop his HOBBIES into HANDICRAFTS.

I The RSL can show him

- When to get higher technical education.
- How to get scholarships or apprenticeship.
- How to train himself for particular profession.
- How to invest his savings.
- How to apply for jobs etc.

II Secondly by himself (RSL) knowing the different kinds of employment agencies and how to use them, the terms of service in various professions. The RSl can give the Rover invaluable help, by advising him, as to which line of life he is best fitted for, according to his qualifications.

All this means that the RSL must himself be an all round knowledgeable person or acquire knowledge on these lines. By taking a little trouble, he can makes successful lives of many of his boys.

The Rover Scout Leader by watching and studying the individual character and ability of each boy, can recognise the path of life for which he is best fitted.

But he must realise that the question of employment is one for the parents and the boy himself to decide. Thus it is a matter of consultation with the parents and for cautioning them against putting their square peg of a son into a round hole of employment for the sake of immediate monetary return.

The RSL should get them and the boy to look well ahead and to see the ulterior possibilities.

The RSL should discriminate

Between
1. Those employments which offer a future to the boy and
2. Those which lead to nothing that bring in money for the time being to increase the income of the family.

Parents do not hesitate to the fact that they will have to give an opening to him for a Man's career after wards.

A skilled employment is better than unskilled one for the boy's future success in life.

Further

1. The boy has to be in conformation to the standard for the employment.
2. The Boys to conform to the Rules set for the particular employment.

Thus in Rovering the RSL can do something to give even the poorest boy a start and a chance in life-equipped at any rate with a hope of employment.

Proficiency Badges

Kindle ambition in the boys. Hobbies become more specialised as vocational training for senior Scouts and Rovers.

HOBBIES have their value. Through these the boy learns to use his fingers and Brain and to take pleasure in work and self-discipline is moulded.HOBBIES lead to craftsmanship, resourcefulness, sobriety,

efficiency, willingness, skilful energy and health. The Rover satisfies his employers requirements and he goes smooth with his co-workers.

Conclusion:

Hope by now you have understood about the counseling and you will be able to guide the young Rovers in choosing their career.

So here are some questions for you to answer:

1. What is the definition of word counselling?
2. What are the problems faced by an individual?
3. What are the role of a counsellor in dealing with the problem?
4. How do counsellors derive at a solution?
5. What is the skill of counselling?
6. What does the counsellor do before counselling?
7. How the counsellors do helps the counselee?
8. What are the types of carrier counselling?
9. What is the goal of career counselling.
10. How do the proficiency badges influence a member in career counselling?

Reference Books :

1. International Handbook of Career Guidance, by J. & R. Van Esbroeck.
2. Handbook for the Academic Training of Career Guidance and Counselling Professionals.by Mulvey, R.
3. Rovering to Success, by Baden-Pawell.
4. A.P.R.O. Pt. II, by BS&G/NHQ.
5. The Universal Book of Hobbies and Handicrafts by G. Hedges.

Kindly check the Answers of the questions above:

1. Counselling could be defined as discussion of an emotional problem with a person with a general objective of understanding and decreasing the intensity of such emotional problems.
2.
   - Lack of certain skills in the Leader.
   - Leader's personality.
   - Leader's relationship with others.

3.
   - Identify Problems
   - Analyze their causes.
   - Take action to avoid possible problem and resolve the existing one.
   - Involve others who are also to assist him in his activities.
4.
   - Put the counselee at ease. Help him feel that he is free to talk.
   - Show him that you want to listen. Do not do other work.
   - Remove distractions.
5. The skill of counselling is helping people to solve their own problem can only be developed through experience and practice.
6.
   - Sympathize with him. Imagine as if you are there in his place.
   - Have patience. Do not show that you are exhausted.
   - Maintain cool even if you are criticized.
7. The Counsellor help the Counsellee to develop the attitude and confidence of resolving his (Counsellee's) own problem, rather than solving the problem of himself (Counsellor).

8. PASTORAL COUNSELLING
   MARRIAGE COUNSELLING
   PSYCHOLOGICAL COUNSELLING
9. The goal is to achieve a better personal adjustment and growth in maturity, by stimulating the counsellee to explain his potential and use more of his resources.
10. The Proficiency Badges kindle ambition in the boys. Hobbies become more specialised as vocational training for senior Scouts and Rovers.