MORE ADVENTURE ACTIVITIES & RALLIES

The Adventure Activities are one of the attractive programme in Rover Scouting, to keep them engaged more and more activities round the year on adventure to be thought of, even National Assn has developed an Adventure Institute for young people to whom Rovers can be developed to promote the spirit of adventure. This module will help you to know about such activities and how to involve them. Hope you will like it.

Objectives :

By the end of this module, you should be able to :

1. Define what types of Adventure activities a Rover can do.
2. Tell the name of the Adventure Institute of BS&G and where it is located.
3. Explain the modalities of the Adventure Course in NAI.

Thought for Reflection

"Aperfect gift for anyone that loves the Outdoors is inviting them on an Adventure."

--Ben Stookesberry.

MORE ADVENTURE ACTIVITIES

Prelude :A large number o
in undertaking adventure activities organised by the youth organisations. There is no such youth organisation at the grass root level to promote adventure activities. To fulfill this need National Adventure Institute of Bharat Scouts & Guides is conducting two Adventure Programme every month and one International Programme once a year.

Objectives :

Membership expansion.

- To retain outgoing youth in the organisation for a long period.
- To develop leadership competencies in the youth.
- To develop physical efficiency.
- To promote harmony with nature.
- To engage youth in constructive activities in their spare time.

BASIC ADVENTURE ACTIVITIES

Local Games		Races
Kusti-Malkam-Yoga		Martial Arts
Adventure games-wide game /Rush game / Rock Climbing		Cycle / Motorcycle hike.
Skatting		Environmental Education
Expeditions, Night Hiking, Exploring, Camping		Observation & Deduction
Self Defence		Photography
Nature Collection		Swimming

ADVANCED ADVENTURE ACTIVITIES

Mountaineering		Skatting
Ice-skating		Para sailing
Gliding		Water sports
Rescue and Fire Fighting		Star Gazing
Backwoods man cooking		

THE DETAILS OF THE NATIONAL ADVENTURE INSTITUTE ARE AS FOLLOWS :

Adventure is not only for fun and entertainment but also for education. To be with nature in its present form is of up most important in our life. It surely satisfies our truth seeking hunger. Pachmarhi provides such a multitude of natural attraction and its spell is so deep that one cannot resist the temptation of visiting again and again this land.

We have great pleasure to announce the Adventure Programme to be conducted at National Adventure Institute of Bharat Scouts & Guides at Pachmarhi, Dist. Hoshangabad (M.P) 461881 during the 2010 – 11 Our Adventure Programmes are open to all **the young people of 15 to 45 years of age**

Arrival: Forenoon of the first day. **Departure: At 11.00 AM on last day**.

For the booking of seats: Registration Fee Rs. 100/-per head is to be sent in advance which is non –refundable but can be adjusted in other programmes within two years (financial years). The Demand Draft of State Bank of India should be in favour of "**The National Adventure Institute of Bharat Scouts& Guides**", payable at State Bank of India, Pachmarhi, Code No. 1046. The balance Fee (development fee & Camp fee) may be sent in advance by DD or can be deposited by cash on arrival. For D.D. of any other Branch, Collection charges will be charged from the party. Total fee will cover all expenses on programme such as food, accommodation, training, equipment and other miscellaneous expenses.

Booking will be made on 'first come first serve basis'. Information of selection will be sent on receipt of Registration Fee/Booking Fee of Rs. 100/- per head, along with list of participants (with Name, age and Sex). Duly filled Application with Medical & Risk Forms are to be submitted at the time of reporting in the camp. One Escort must be deputed with a group of 8 to 15 boys/girls. Lady escort must be deputed with the female participants. Escorts should also register and pay the full camp fee (Development fee &Camp fee) along with Application, Medical & Risk Certificate. **No one is permitted to stay in the camp without registration, Medical Fitness certificate of Escorting Teachers is must.**

ELIGIBILITY:15 to 45 years of age (including escort teachers), medically and physically fit person who can bear the strain of trekking for 12 to 20 K.M. per day.

PROGRAMME : Tentative Programme will be, trekking to Bee Fall/ApsaraVihar, Chauragarh/Mahadev, PandavCaves, Jatashanker, RajendraGiri, HandiKhow, RichhGarh etc. Besides these Boating, Horse Riding, Rock Climbing, Rappelling, Rifle Shooting, Pistol shooting, Archery, skating etc. Games and every day Camp Fire are the other attractive activities of the programme.

The participants will bring following materials with them, which will be verified, on arrival.

1. Two No. of Passport size colored photograph.
2. Water bottle, Lunch Box, Plate (Thali), Glass or Mug, Spoon, Torch, Knife, Candle, Match Box etc.
3. Note book, Pen, First Aid Kit, Band Aids, Borolene, Cold Cream, Water Purifying Tablets, and Odomas etc.
4. Toilet requisites.
5. Bed Sheets, Hunter / Sport Shoes, Extra Pairs of Socks.
6. Sleeping bag / Blankets, Winter Cloths, full sleeves Grey T. Shirt and Navy Blue Jeans, extra wearing cloths and costumes for cultural items. (**For Scouts & Guides only** – correct and complete uniform as per APRO Part – II & III)
7. **MALARIA TEST REPORT (test done within a week before departure) has to be brought by individual failing which admission will not be given**.
8. Any other items as per the need of the Individual.

SAFETY: The Bharat Scouts & Guides takes every care of the participants sincerely, but the National Adventure Institute of Bharat Scouts & Guides, Pachmarhi will not be held responsible for any accident, illness or injury during the programme. **The escorting teachers should take extra care of their students before the camp, during the camp and after the camp**.

NOTE:

1. **Medical Checkup** should be done strictly as most of the participants after reaching Pachmarhi are unable to take part in all the activities. All participants should take T.T. Injection before they depart for the camp.
2. Our CampDoctor will provide medical assistance and general medicines will be available in First Aid Box of Institute. Extra medicines for individuals will be purchased by the concerned.
3. Accommodation will be in tent only. No accommodation will be available in permanent shelter.
4. Escorting teachers should remain with participants at all times. If any Escort is bringing family members, they will have to pay the full camp fee.
5. Without invitation participants will not be admitted in the camp.
6. Only BSNL network is available in Pachmarhi.
7. For further information you can write to us with a self addressed and stamped (Rs. 10) envelope 9"X 4" or through email bsgnai@yahoo.com, bsgntc@sancharnet.in

For more adventure activities you can contact the following institutes to strength and equip your self with adventure activities and knowledge of nature :

1. Nehru Institute of Mountaineering, Uttarkashi.
2. Indian Mountaineering Foundation, New Delhi.
3. Director of Sports and Mountaineering, Manali, Shimla, Himachal Pradesh.
4. Himalayan Mountaineering Institute, Darjeeling, West Bengal.
5. National Adventure Club, Chandigarh.

Conclution:

On going through this module, you have understood the spirit of adventure to be developed among the Rovers and come to know about the National Adventure Institute, how to enroll and complete the training on adventure.
So here are some questions for you to work on as follows :

1. Why adventure activities are required among Rover Scouts ?
2. Name some basic adventure activities that can be done by the Rovers.
3. Name some advanced adventure activities which can be done by the Rovers.
4. Where the National adventure Institute is situated?
5. What are the tentative programe covered in the Camp?
6. What is the booking procedure?
7. What are the eligibility criteria for admission?
8. What you must carry without which you will not be allowed ?
9. What are the safety measures followed in the camp?
10. Name some other Adventure Institutes in the country.

Reference Books ;
1.The Call of the Wild, by Jack.
2.Rovering to Success, by B-P.
3. Scouting for Boys, by B-P.
4. Captains Courageous, by Rudyard Kipling.

Try to check your answers as per the above questions ;

1. To retain outgoing youth in the organisation for a long period.
2. Rock climbing, Motorcycle Hike, Wide games, Martial arts etc.
3. Mountaineering, Water sports, Para sailing, Ice Skating, Rescue &Fire fighting etc.
4. NAI is situatedat Pachmarhi, Dist. Hoshangabad (M.P) 461881.
5. Tentative Programme will be, trekking to Bee Fall/ApsaraVihar, Chauragarh/Mahadev, PandavCaves, Jatashanker, RajendraGiri, HandiKhow, RichhGarh etc. Besides these Boating, Horse Riding, Rock Climbing, Rappelling, Rifle Shooting, Pistol shooting, Archery, skating etc. Games and every day Camp Fire are the other attractive activities of the programme.
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7. The eligible criteria are he/she should be 15 to 45 years of age (including escort teachers), medically and physically fit person who can bear the strain of trekking for 12 to 20 K.M. per day.
8. **MALARIA TEST REPORT (test done within a week before departure) has to be brought by individual failing which admission will not be given**.
9. The Bharat Scouts & Guides takes every care of the participants sincerely, but the National Adventure Institute of Bharat Scouts & Guides, Pachmarhi will not be held responsible for any accident, illness or injury during the programme. **The escorting teachers should take extra care of their students before the camp, during the camp and after the camp**.
10. Other Adventure Institutes are :
    1. Nehru Institute of Mountaineering, Uttarkashi.
    2. Indian Mountaineering Foundation, New Delhi.
    3. Director of Sports and Mountaineering, Manali, Shimla, Himachal Pradesh.
    4. Himalayan Mountaineering Institute, Darjeeling, West Bengal.